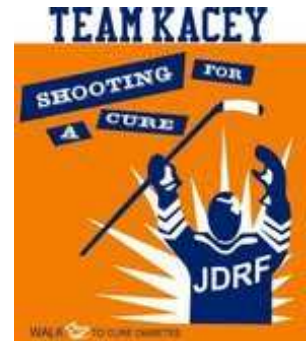


# Skate For A Cure

Come Skate a 5K or 10K to the beat of the music and disco lights and lasers.

## Team JDRF &

Benefiting the Juvenile Diabetes Research Foundation



## Plymouth State University Ice Arena

**April 16, 2011      2-4 pm**

**4-5pm Auction and Raffles**

**Walk ins are \$10.00 plus skate rental**

Log on to our website to Donate, get Information or **FORM A TEAM** for the event.  
Everything you need to know is on this site right down to what will be auctioned.

[http://  
jdrfevents.donordrive.com/event/skateforacure](http://jdrfevents.donordrive.com/event/skateforacure)

Type 1 diabetes is an autoimmune disease in which the body's immune system attacks and destroys the insulin-producing cells in the pancreas. It strikes children and adults suddenly, makes them insulin-dependent for life, and carries the constant threat of devastating complications. People with type 1 diabetes must take at least two insulin shots each day or use an insulin pump, and test their blood sugar by pricking their finger six or more times per day. The disease is difficult to manage and requires constant attention and a rigorous regimen including careful attention to meal planning and exercise. While insulin keeps people with type 1 diabetes alive, it is not a cure. Nor does it prevent its devastating effects: kidney failure, blindness, nerve damage, amputations, heart attack, and stroke. As many as three million Americans have type 1 diabetes. Each year, over 15,000 children are diagnosed with diabetes; that's 40 children every day.



**TEAM KACEY :** Kacey is 4 years old and is from Holderness NH . She attends pre-school in Plymouth. She was diagnosed when she was just 2 years old with Type 1 Diabetes. Her day to day struggles to keep her sugars from going too high or too low are ongoing. She wears an insulin pump which supplies her body with needed insulin. Kacey loves to skate and has even now started her Hockey training at Plymouth State's hockey program. She like other people with Type 1 Diabetes needs there to be a cure and with the help of JDRF they are stating that there could very well be a cure for those born with this disease in Kacey's lifetime :) SO PLEASE come support Kacey and JDRF for this 1st Annual Skate For A Cure Event.

